

25295

March 7, 2012

TO: The Board of Acquisition and Contract

FROM: Mary Kate Cabaleiro, Coordinator
Westchester County Youth Bureau

RE: Authority to enter into an Agreement with the Open Door Family Medical Center, Inc. to operate the Fit for Life program for the program period January 1, 2012 through December 31, 2014 in a total amount not to exceed \$207,693

Authority is hereby requested for the County of Westchester to enter into an Agreement with the Open Door Family Medical Center, Inc. to operate the Fit for Life Program for the program period January 1, 2012 through December 31, 2014 in a total amount not to exceed \$207,693, pursuant to an approved budget. Funding for this program will be provided by the County in the amount of \$135,000 and by the agency in the amount of \$72,693. The funding amount per year will not exceed \$69,231, comprised of \$45,000 of County funding and \$24,231 agency match.

This program will serve 2,689 youths ages 0-6, 7 to 13 and 14 to 21. For 0-6 year olds, the program is designed to address obesity prevention by making available physical and emotional health services, opportunities and supports by providing nutrition and obesity prevention services.

Planned Outcome (0-6 yr. olds):

694 youths ages 5-6 served in our obesity prevention program will be physically fit as measured by a documented increase in physical activity by 20 minutes per day, 3 times per week.

For 7 to 13 year olds, the program is designed to address healthy relationships by making available citizenship and civic engagement services, opportunities and supports by providing youth leadership and empowerment.

Planned Outcome (7-13 yr. olds):

730 students ages 7 to 13 will understand and develop positive peer interactions as measured by pre/post testing the students served by the program; 80% will demonstrate an increase in knowledge.

For 14 to 21 year olds, the program is designed to address risky behaviors by making available physical and emotional health services, opportunities and supports by providing nutrition and obesity prevention.

Planned Outcome (14-21):

1,265 students ages 14-21 enrolled in the program will be free from health-risk behaviors (substance use, poor nutrition, unsafe sexual behaviors) as measured by 80% of students increasing their knowledge as demonstrated in pre and post testing.

The outcomes as stated above will be tracked and monitored through monthly, quarterly and annual reports, Report Cards and by bi-yearly site visits from Youth Bureau Program Monitors.

This program was previously funded in 2011. Please see outcomes below:

Of the estimated 652 children who were clinically *obese* in 2011, 34% decreased their Body Mass Index (BMI) velocity and maintain a stable weight.

Of the estimated 514 children who were currently *overweight* in 2011, 37% decreased their Body Mass Index (BMI) velocity and maintained a stable weight.

Out of the 3,000 students that received nutrition and wellness education, 90% or 2,700 students demonstrated an increase in knowledge greater than 10% in the areas of physical activity and nutrition.

This Agreement is exempt from the Westchester County Procurement Policy pursuant to section 3(a)xviii thereof. Nevertheless, in 2011 the Youth Bureau issued an RFP to cover the program years 2012 – 2014. This agency is one of 39 agencies that submitted a proposal in response to the RFP. After careful evaluation, the agency listed above was selected by the Youth Bureau for funding as part of the Youth Bureau's Resource Allocation Plan. The agency has agreed to be bound by the proposal they submitted for the full three-year period.

An appropriate Resolution is herewith attached for your Honorable Board's consideration.

RESOLUTION

Upon a communication from the Coordinator of the Westchester County Youth Bureau, be it hereby

RESOLVED, that the County of Westchester is hereby authorized to enter into an Agreement with the Open Door Family Medical Center, Inc. to operate the Fit for Life program for the program period January 1, 2012 through December 31, 2014 in a total amount not to exceed Two Hundred Seven Thousand Six Hundred Ninety-Three (\$207,693) Dollars, to be paid pursuant to an approved budget; and be it further

RESOLVED, that the funding amount per year will not exceed Sixty-Nine Thousand Two Hundred Thirty- One (\$69,231) Dollars per year, inclusive of County funding and Agency match requirement; and be it further

RESOLVED, that this Agreement is subject to County appropriations; and be it further

RESOLVED, that this Agreement is also subject to further financial analysis of the impact of any New York State Budget (the "State Budget") proposed and adopted during the term of this Agreements. The County shall retain the right, upon the occurrence of any release by the Governor of a proposed State Budget and/or the adoption of a State Budget or any amendments thereto, and for a reasonable period of time after such release(s) or adoption (s), to conduct an analysis of the impacts of any such State Budget on County finances. After such analysis, the County shall retain the right to either terminate this Agreement or to renegotiate the amounts and rates approved herein. If the County subsequently offers to pay a reduced amount to the Contractor, then that Contractor shall have the right to terminate their Agreement upon reasonable prior written notice; and be it further

RESOLVED, that the County Executive or his duly authorized designee be, and hereby is, authorized to take such actions and execute such documents as may be necessary and appropriate to effectuate the purposes hereof.

	Fund	Dept. code	Unit #	Object/ Sub Object	Trust Account	Dollars
Account to be charged/credited						
<u>2012</u>	101	11	0400	4380		\$45,000
<u>2013</u>	101	11	0400	4380		\$45,000
<u>2014</u>	101	11	0400	4380		\$45,000

Budget Funding Year(s) 2012-14 Start Date January 1, 2012 End Date December 31, 2014
 (must match resolution)

2012 Funding Source Tax Dollars \$45,000
\$ 69,231 Other \$24,231 (provided by the agency)
 (must match resolution)

2013 Funding Source Tax Dollars \$45,000
\$ 69,231 Other \$24,231 (provided by the agency)
 (must match resolution)

2014 Funding Source Tax Dollars \$45,000
\$ 69,231 Other \$24,231 (provided by the agency)
 (must match resolution)