

**21689**

**DATE:** September 19, 2011

**TO:** Honorable Members of the Board of Acquisition & Contract

**FROM:** Mae Carpenter, Commissioner  
Department of Senior Programs and Services

**RE:** Authorization to enter into a grant agreement with the New York State Office for the Aging to accept an American Recovery and Reinvestment Act of 2009 Communities Putting Prevention to Work: Chronic Disease Self-Management Program grant to implement peer-to-peer health education and prevention training under the Chronic Disease Self-Management Program for the Mid-Hudson Valley of New York State, for an amount not-to-exceed \$24,750, for a term from April 1, 2011 through March 31, 2012

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Authority is hereby requested to enter into a grant agreement with the New York State Office for the Aging ("NYSOFA") to accept an American Recovery and Reinvestment Act of 2009 ("ARRA") Communities Putting Prevention to Work: Chronic Disease Self-Management Program grant to implement peer-to-peer health education and prevention training under the Chronic Disease Self-Management Program for the Mid-Hudson Valley of New York State, for an amount not-to-exceed \$24,750, for a term from April 1, 2011 through March 31, 2012.

The proposed agreement will serve a public purpose by providing funds to provide Westchester County seniors with services and activities that will foster good health, increase awareness and understanding of healthy lifestyles and promote physical and mental health. These services may include: peer-to-peer education classes; promotion of early detection of various chronic diseases through peer education; training sessions on how to self-manage chronic diseases; the promotion of early detection of various health problems through education and/or testing; stress education and medication management workshops, and the administration of influenza and other vaccines.

The goals and objectives of the proposed agreement are to promote the development of wellness activities and preventive health activities that will promote good health in Westchester County seniors by increasing their awareness and knowledge of how to self-manage chronic diseases and develop healthy lifestyles.

The goals and objectives of the proposed agreement are in the best interests of Westchester County in terms of the promotion of public health, as the aim of the services to be funded by the grant is to reduce or delay hospitalizations or institutionalization, thereby reducing Medicaid costs for the County, State and Federal governments and improving the general well-being of the County's elderly.

The goals and objectives of the proposed agreement will be tracked and monitored through monthly reporting activities and onsite reviews to determine if the contract's performance goals and objectives are being met in a fiscally responsible and appropriate fashion.

Accordingly, I recommend adoption of the proposed resolution.

MC/SJ/bdm/nn

**RESOLUTION**

UPON A COMMUNICATION FROM THE COMMISSIONER OF THE WESTCHESTER COUNTY DEPARTMENT OF SENIOR PROGRAMS AND SERVICES, be it hereby

RESOLVED, that the County of Westchester is hereby authorized to enter into an agreement with the New York State Office for the Aging to accept an American Recovery and Reinvestment Act of 2009 Communities Putting Prevention to Work: Chronic Disease Self-Management Program grant to implement peer-to-peer health education and prevention training under the Chronic Disease Self-Management Program for the Mid-Hudson Valley of New York State, for an amount not-to-exceed \$24,750, for a term from April 1, 2011 through March 31, 2012; and be it further

RESOLVED, that the County Executive or his duly authorized designee be, and hereby is, authorized to take such actions and execute such documents as may be necessary and appropriate to effectuate the purposes hereof.

Account to be Credited	Fund	Dept.	Major Program, Program & Phase Or Unit	Object/ Sub Object	Trust Account	Dollars
	263	85	105L	9853	T105	\$24,750

Budget Funding Years 2011- 2012      Start Date 4/1/11      End Date 3/31/12  
 (must match resolution)

Funding Source  
\$24,750  
 (must match resolution)

Tax Dollars \_\_\_\_\_  
 State Aid \_\_\_\_\_  
 Federal Aid \$24,750  
 Other \_\_\_\_\_

APPROVED BOARD OF ACQUISITION CONTRACT - 10/15/2011 - JONATHAN H. SECRETARY